



DISCOVER HAE

Customizable Letter

### *Important Medical Information*

Date: \_\_\_\_\_

To whom it may concern:

I have hereditary angioedema (HAE), a rare, potentially life-threatening genetic disorder. Common HAE symptoms include intense, sometimes painful attacks of swelling in any part of my body, including the extremities (hands, feet, arms and legs), abdomen, face, genital area or throat. In addition, HAE attacks can cause abdominal pain, nausea and vomiting.

**Some attacks can cause severe swelling that can block my airway and may result in a life-threatening emergency.**

HAE attacks can occur spontaneously for no apparent reason; they can also be caused by:

- Emotional stress
- Minor trauma, surgery or a dental procedure
- Injury
- Infection
- Hormonal influences (e.g., estrogen)
- Mechanical pressure

These attacks can happen without warning and can last for two to five days on average, which may affect my ability to attend school or work or to participate in other activities.

An important part of my disease management is to share this information with the people in my life. Thank you for your understanding and support.

Sincerely,

(Signature)

\_\_\_\_\_

(Print Name)

\_\_\_\_\_

### *Emergency Contact*

Name: \_\_\_\_\_

Relation: \_\_\_\_\_

Phone number: \_\_\_\_\_

### *Medical Information*

Physician's name: \_\_\_\_\_

Physician's number: \_\_\_\_\_

Medication(s): \_\_\_\_\_