



DISCOVER HAE

Family Health Tree

## Discover Your Family's Health History

*Use the worksheet on the following page to fill in your family's health history. It may help you track your family's history of hereditary angioedema (HAE).*

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### **INCLUDE THE FOLLOWING INFORMATION FOR EACH PERSON (WHERE APPLICABLE):**

- Date of birth
- Diagnosed with HAE: Yes or No
- Age diagnosed
- Other major medical conditions

### **START MOVING FORWARD**

Discuss HAE with your family members and encourage them to complete a family health tree of their own. Having a complete family health history is important in identifying and diagnosing a genetic disorder like HAE. You can also discuss your family health history with your doctor.

### **ENCOURAGE YOUR FAMILY MEMBERS TO GET TESTED FOR HAE**

HAE is a rare disease that affects one in 10,000 to one in 50,000 people in the entire world. HAE is called hereditary because it can be passed on from a parent. A child has a 50 percent chance of getting HAE if one parent has it. In an online global survey of 313 people with HAE, patients had an average of two immediate and two extended family members diagnosed with HAE. Screening family members can aid in diagnosis, education and management of HAE.

### **COMPLETE YOUR HAE FAMILY TREE ON THE NEXT PAGE**



The diagram is a family health tree with the following structure:

- Level 1 (Grandparents):** Four boxes for Grandmother and Grandfather.
- Level 2 (Aunts/Uncles and Parents):** Six boxes for Aunt/Uncle, Mother, and Father.
- Level 3 (Siblings and Spouse):** Four boxes for Sister/Brother, You, and Spouse.
- Level 4 (Children):** Three boxes for Child.

Each box contains the following information:

- Year of Birth:** \_\_\_\_\_
- Diagnosed With HAE?**  
 Yes  No
- Age Diagnosed:** \_\_\_\_\_
- Other Major Medical Conditions:**  
\_\_\_\_\_  
\_\_\_\_\_