

Dear

I'd like to talk to you about hereditary angioedema (HAE), a rare condition with which I have been diagnosed.

People like me, with HAE, experience unpredictable or sudden attacks of swelling in areas such as the face, genitals, abdomen, extremities, and throat. Attacks vary from person to person, can happen in almost any part of the body, and may spread to nearby areas. These HAE attacks can be mistaken for other conditions, like allergic reactions, so HAE is often misdiagnosed.

Because this condition is genetic, I want to encourage you to contact your doctor about getting tested for HAE yourself. Data from one survey showed that for every 1 person diagnosed with HAE, an average of 4 family members were also diagnosed. Even if you've never experienced symptoms, if you have HAE, it's possible for attacks to happen at any time or for you to pass down HAE to your children.

The good news is, there are blood tests that can determine whether or not you have HAE and although there is no cure, there are multiple therapies approved to treat it. Getting tested to confirm whether or not you have HAE can help you be better prepared for the future.

You are receiving this letter today because I have become a Family Champion and an advocate for our family. In addition to contacting your doctor about getting tested for HAE, I also highly encourage you to visit [www.discoverhae.com](http://www.discoverhae.com), a great resource for learning about HAE. And of course, I'm always here to talk with you more about my life with HAE.